St. Ursula School/Extended Day Program 8900 Harford Road Baltimore, Maryland 21234 410-665-3533

May 2019

Dear Parents,

Below are the new rates for before and after care. All current school families who are intending to use Extended Day **must register** for next year no later than **May 15, 2019**. Extended Day will begin September 4, 2019. *If you do not register by May 15 you will not be able to start until September 16th*. Registration information is attached and can also be found on the school website (www.stursula.org) under the "Admissions" tab. Please return all forms in an envelope marked "Niki – Extended Day."

Sincerely,

Debbie Glinowiecki

Niki Thoericht

Suzanne Wood

Principal

Extended Day Co-Directors

SAINT URSULA SCHOOL EXTENDED DAY INFORMATION SHEET

Hours of Operation:

7:00 a.m. - 7:45 a.m.

2:50 p.m. - 6:00 p.m.

Registration Fees

Registration fees are non-refundable

One child \$20.00 Two children \$30.00 Three or more children \$35.00

Current Fees Beginning September 2018:

AM:

\$7.00 per morning

\$28.00 per week

PM:

\$12.00 per afternoon

\$50.00 per week

AM & PM:

\$70.00 per week

2019-2020

St. Ursula School Extended Day Registration

Student's Name			Grade	
Student's Name			Grade	
Student's Name			Grade	
•	correctly, please check toose a different option f	• •		
Morning:	Full Time	F	Part Time	
Afternoon:	Full Time	F	art Time	
Billing is handled as	follows:			
	e billed at the beginning rents who will be using	-	•	
Part Time: You will attendance. This op basis.	be billed at the end of t tion is for parents who	the month fo will not be u	r only the days your c using Extended Day or	hild is in n a daily
I have read registration packet.	the <i>Guide to Regulate</i>	ed Child Ca	$\it re$ that was included w	ith this
Attached is my non- Day.	refundable registration	fee made pa	yable to Saint Ursula E	Extended
Parent's			Date	

SAINT URSULA EXTENDED DAY AUTHORIZATION FORM

Student's Name		Grade
Student's Name		Grade
Student's Name		Grade
~ ~ ~	-	hild(ren) from Saint Ursula Extended Day ag a photo ID. Please include all
Parent/Guardian (ple	ase print)	
Home Phone	Work Phone	Cell
Email Address		
Parent/Guardian (ple	ase print)	
Home Phone	Work Phone	Cell
Email Address		
	are eligible for pick-up other t	
		* * * * * * * Relationship
Home Phone	Work Phone	Cell
Print Name		Relationship
Home Phone	Work Phone	Cell
Print Name		Relationshi <u>p</u>
		Cell
Print Name		Relationship
Home Phone	Work Phone	Cell

EXTENDED DAY HEALTH QUESTIONNAIRE 2019-2020

**Please complete one form in full for each child being registered.

Student Name and Grade:	
Parent Contact Information:	
Mother:	
Home Phone:	Work:
Cell:	Email:
Father:	
	Work:
Cell:	Email:
Does your child have any medical conditation: No Yes (If yes, please complete #2)	itions which should be brought to our
2. If yes, please list below information regarday staff member will contact you to follow additional required paperwork, etc. If addit separate sheet of paper.	~ •

ile a complaint contact your

Anne Arundel	410-573-9522
Baltimore City	410-554-8315
Baltimore County	410-583-6200
Prince George's	301-333-6940
Wontgomery	240-314-1400

Western Waryland, Allogany, Garrett & Washington

Howard

Upper Shore, Kent, Dorchester, Talbot, Queen Anne's & Caroline

Lower Share, Wicomico, Somerset & Worchester

Southern Waryland, Calvert, Charles & St. Mary's

Harford & Cecil
Frederick

410-505-6489

410-569-1576

Carroll

The OCC Regional Office will investigate your complaint to determine if child care licensing regulations have been violated. All confirmed complaints against child care providers may be viewed at CheckCCMD.org.

For additional help, you may contact the Program Wanager of the Licensing Branch at 410-569-8071.

resources

Child Care Subsidy - Assists parents with cost of childcare

1-866-243-8796

Consumer Product Safety Commission (CPSC) - regulates certain products used in childcare

310.0500

Waryland EXCELS - Maryland's Quality Rating System for Childcare Facilities

Waryland Developmental Disabilities Council - May assist with ADA issues

Waryland Family Network - Assists parents in locating childcare

S MANAGEMENT OF SECTION OF SECTION

PARTNERS Newsletter - What's happening in the Division of Early Childhood Development

Sartycfelichood. Maryfanopublics chroks.org

To this site to check provider inspection violations

Checkernolog



Karen B. Salmon, Ph.D.
State Superintendent of Schools

Who Regulates Child Care?

Il child care in Maryland is regulated by the Maryland tate Department of Education, Office of Child Care's OCC), Licensing Branch.

he Licensing Branch's thirteen Regional Offices are esponsible for all regulatory activities, including:

Issuing child care licenses and registrations to child care facilities that meet state standards;

Inspecting child care facilities annually;

Providing technical assistance to child care providers;

Investigating complaints against regulated child care facilities;

Investigating reports of unlicensed (illegal) child care; and

Taking enforcement action when necessary.

TAVE REQUESTIONS FOR When A COMMITTEE TO A COMMITTEE A COMMITTEE TO A COMMITTEE A COMMITTEE TO A COMMITTEE A COMMITTEE TO A COMMITTEE TO A COMMITTEE TO A COMMITTEE TO A CO

arlychildhood.marylandpublicschools.org/child-care-roviders/office-child-care





That are the types of Child Care

Family Child Care – care in a provider's home for up to eight (8) children

Large Family Child Care— care in a provider's home for 9-12 children

Child Care Center -- non-residential care

Letter of Compliance (LOC) – care in a child care center operated by a religious organization for children who attend their school

All facilities must meet the following requirements:

- Must obtain the approval of OCC, fire department and local agencies;
- Must have qualified staff who have received criminal background checks, child abuse and neglect clearances, and are not on the sex offender registry;
- Family child care providers must maintain certification in First Aid and CPR;
- Child Care Centers must maintain a ratio of one staff certified in first aid and CPR per every twenty (20) children at all times;
- Must offer a daily program of indoor and outdoor activities;
- Must maintain a file with all required documentation for each enrolled child;
- Must post approved evacuation plans, conduct fire drills and emergency preparedness drills; and
- Must report suspected abuse and neglect, and may not subject children to abuse, neglect, mental injury or injurious treatment.

Did to Knok?

- Regulations that govern child care facilities may be found at:
- earlychildhood.marylandpublicschools.org/regulations

The provider's license or registration must be posted

in a conspicuous place in the facility;

- A child care provider must enter into a written agreement, with a parent, that specifies fees, discipline policy, presence of animals, the use of volunteers, and sleeping arrangements for overnighcare;
- Parents/guardians may visit the facility without prior notification any time their children are present;
- Written permission from parents/guardians is required for children to participate in any and all off property activities;
- All child care facilities must make reasonable accommodations for children with special needs;
- A "Teacher" qualified person must be assigned to each group of children in a child care center;
- Staff:child ratios must be maintained at all times in child care centers;
- Parents/guardian must be immediately notified if children are injured or have an accident in care;
- Child care facilities may have policies beyond regulatory requirements;
- OCC should be notified if a provider has violated chil care regulations;
- Parents/guardians may review the public portion of licensing file; and
- The provider's compliance history may be reviewed on <u>CheckCCMD.org</u>.

EMERGENCY FORM

INSTRUCTIONS TO PARENTS: . Complete all items on this side of the form. Sign and date where indicated. If your child has a medical condition which might require emergency medical care, complete the back side of the form. If necessary, have your child's health practitioner review that information. NOTE: THIS ENTIRE FORM MUST BE UPDATED ANNUALLY. Birth Date ____ Child's Name_ First Hours & Days of Expected Attendance _ Enrollment Date Child's Home Address _ Zip Code State Street/Apt. # City Parent/Guardian Name(s) Relationship Phone Number(s) Place of Employment: Place of Employment Name of Person Authorized to Pick up Child (daily)_ First Relationship to Child Last Address State Zip Code Street/Apt. # City Any Changes/Additional Information **ANNUAL UPDATES** (Initials/Date) (Initials/Date) (Initials/Date) (Initials/Date) When parents/guardians cannot be reached, list at least one person who may be contacted to pick up the child in an emergency: Name _ Telephone (H) _ First Address __ Street/Apt, # State Zip Code _ Telephone (H) _____ (W) _ Name | Address_ Street/Apt. # State Name _ Telephone (H) _____ Address State Zip Code Street/Apt. # City Telephone Child's Physician or Source of Health Care _ Address_

In EMERGENCIES requiring immediate medical attention, your child will be taken to the NEAREST HOSPITAL EMERGENCY ROOM. Your signature authorizes the responsible person at the child care facility to have your child transported to that hospital.

City

Zip Code

Signature of Parent/Guardian

Street/Apt. #

INSTRUCTIONS TO PARENT/GUARDIAN:

- (1) Complete the following items, as appropriate, if your child has a condition(s) which might require emergency medical care.
- (2) If necessary, have your child's health practitioner review the information you provide below and sign and date where indicated.

Child's Name:	Date of Birth:
Medical Condition(s):	
Allergies/Reactions:	
EMERGENCY MEDICAL INSTRUCTIONS: (1) Signs/symptoms to look for:	
(2) If signs/symptoms appear, do this:	
(3) To prevent incidents:	
OTHER SPECIAL MEDICAL PROCEDURES THAT MA	AY BE NEEDED:
COMMENTS:	
Note to Health Practitioner: If you have reviewed the above information, place in the property of the propert	ease complete the following:
Name of Health Practitioner	Date
Signature of Health Practitioner	(

All students if applicable

MARYLAND STATE DEPARTMENT OF EDUCATION OFFICE OF CHILD CARE MEDICATION ADMINISTRATION AUTHORIZATION FORM

Child Care Program: This form must be completed fully in order for child care providers and staff to administer the required medication. A new medication administration form must be completed at the beginning of each 12 month period, for each medication, and each time there is a change in dosage or time of administration of a medication. Prescription medication must be in a container labeled by the pharmacist or prescriber.

- Non-prescription medication must be in the original container with the label intact.

 Parent/Guardian must bring the medication to the figure and the properties of authorized and the end of authorized authorized are the end of authorized are the e	facility. Child's Picture (Optional discarded).
	'S AUTHORIZATION
Child's Name:	Date of Birth:
Condition for which medication is being administered:	
Medication Name:	
Time/frequency of administration:	IF DON'T COME
If PRN, for what symptoms:	(PRN=as needed)
Possible side effects &special Instructions:	
Medication shall be administered from:	
Known Food or Drug: Allergies? Yes No If Yes, please explain	
Prescriber's Name/Title:	
Telephone: (Type or print) FAX:	
Address:	
Prescriber's Signature	Date:
(Original signature or signature stamp ONLY)	
We request authorized child care provider/staff to administer the med administered at least one dose of the medication to my child without acrisk and consent to medical treatment for the child named above, included and demonstrate medication administration procedure to the child care	dverse effects. I/We certify that I/we have legal authority, understand ding the administration of medication. I agree to review special instruc e provider.
Parent/Guardian Signature:	Date:
Home Phone #:Cell Phone #:	Work Phone #:
SELF CARRY/SELF ADMINISTRATION OF EMER (Only school-aged children may be at Self carry/self administration of emergency medication noted about Prescriber's authorization:	RGENCY MEDICATION AUTHORIZATION/APPROVAL uthorized to self carry/self administer medication.) ove may be authorized by the prescriber.
Signature	Date
Parental approval: Signature	Date
RAPOICATION was executed from:	EIPT AND REVIEW Date:
Special Heath Care Plan Received: YES NO	Management of the Control of the Con
Medication was received by:	
Signature of Person Receiving Media	cation and Reviewing the Form Date
OCC 1216 (Revised 08/20/15) - All previous editions are obsolete	

All students if applicable

MARYLAND STATE DEPARTMENT OF EDUCATION OFFICE OF CHILD CARE

	S	eizure M		ministration Aut	horization Form	
Name of Child Care	Facility					
					·) (Date of Birth)	ома
while attending the al child's physician and s) (Date of Birth) urs. This form must be completed b	y the
Treating Physician _				Phone#	# After Hours	#
Significant Medical I	listory:			-		•
				are Information	(
Seizure Type	Len	gth	Fr	quency	Description	
Seizure Triggers or Wa	rning Sign	ns:				
Seizure Emergency Proto	t to		pply and clarify b	····	○ Notify parent or emergence	y contact
Administer emergen	cy medic	ations as	indicated belov			
Emergency Medication	Dosage	Time	Route/metho	d Side Effects	Special Instructions	
Does child need to leav the classroom.	e the clas	sroom af	ter a seizure?	Yes 🗆 No If YES	o, describe process for returning the	child to
Special Considerations	and Preca	utions (r	egarding activit	es, sports, trips, e	etc.)	
		······································				
Physician Signature:					Date:	
be administered to my omedication to my child administration procedu emergency seizure med	child as de without a re to the a ication to	escribed a dverse ef child care my child	auon's administ and directed ab fects. I agree to provider. I un	ration, and date of ove and attest that o review special in derstand the risk	ontainer and labeled with the child's if the prescription. I request that me at I have administered at least one distruction and demonstrate the med and authorize for administration of	dication
Parent/Guardian Signat	ure:	·			Date:	· · · · · · · · · · · · · · · · · · ·
OCC 1216A (8/20/15)						

Must be a	Allergy Action Plan ccompanied by a Medication Authorization	Form (OCC 1	216)	
CHILD'S NAME:		Date of Birth:		Place Child's
ALLERGY TO:				Picture Here
s the child Asthmatic	? No Yes (If Yes = Higher Risk for	Severe Reaction	n)	
FREATMENT			L	
Symptoms:				Medication
he child has ingeste	d a food allergen or exposed to an allergy trigg	er:	Epinephrine	Antihistamine
	g or complaining of any symptoms			
	ling, swelling of lips, tongue or mouth ("mouth f	eeis runny)		ļ
	ish, swelling of the face or extremities		<u> </u>	<u> </u>
	minal cramps, vomiting, diarrhea			
	wallowing ("choking feeling"), hoarseness, hack	ing cough		ļ
	f breath, repetitive coughing, wheezing			
	t pulse, low blood pressure, fainting, pale, blue	ness		
Other:				
	sing (several of the above areas affected)			
	tening. The severity of symptoms can quickly of halers and/or antifristamines cannot be depended on to rep		anaphylaxis.	
Medication	,		Dose:	
Epinephrine:				
Antihistamine:	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			·····
Other:				
Doctor's Signature			Date	·····
EMERGENCY CAL	.\$			
	ue Squad) whenever Epinephrine has been adr			that an allergic
reaction has been to	eated and additional epinephrine may be neede	d. 3) Stay with	the child.	
		_		
		P	hone Number:	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
Doctor's Name:			Diana Newshan	(+3
			Phone Number	(5)
Doctor's Name:	Name/Relationship	Doutimo		
Doctor's Name:	Name/Relationship	Daytime		Cell
Doctor's Name:	Name/Relationship	Daytime		
Doctor's Name: Contact(s) Parent/Guardian 1	Name/Relationship	Daytime		
Doctor's Name: Contact(s) Parent/Guardian 1 Parent/Guardian 2	Name/Relationship	Daytime		
Contact(s) Parent/Guardian 1 Parent/Guardian 2 Emergency 1	Name/Relationship	Daytime		
Doctor's Name: Contact(s) Parent/Guardian 1 Parent/Guardian 2 Emergency 1 Emergency 2			Number	Cell
Contact(s) Parent/Guardian 1 Parent/Guardian 2 Emergency 1 Emergency 2	IF A PARENT/GUARDIAN CANNOT BE REACHED, DO	NOT HESITATE TO	Number D MEDICATE AND CAL	Cell
Contact(s) Parent/Guardian 1 Parent/Guardian 2 Emergency 1 Emergency 2 *EVEN		NOT HESITATE TO	Number D MEDICATE AND CAL	Cell

	(Continued)		
Must be acco	empanied by a Medication Authorizat	fion Form (OCC 1216)	Place Child's
HILD'S NAME:		Date of Birth:	Picture Here
ALLERGY TO:			
s the child Asthmatic?	No Yes (If Yes = High	her Risk for Severe Reaction)	L
he Child Care Facilit			
	to allergen(s) by: (no sharing food,		
	nd washing procedures are followed.		
······································	tor child for any signs of allergic read		and and the state of
	ation is immediately available to adn	ninister in case of an allergic rea	iction (in the
	ound, field trips, etc.)		
Ensure that a pers	on trained in Medication Administrat	tion accompanies child on any o	ff-site activity.
			
Serven		1	
	EpiPinie 2	The Parent/Guardian will:	
	EPPEN'	The Parent/Guardian will:	lity has a sufficient
<u>Fin</u>	EPPEN'S	Ensure the child care faci	
<u></u>		Ensure the child care faci	dication.
<u>en</u>		Ensure the child care faci	dication.
		Ensure the child care faci	dication.
Since services		☐ Ensure the child care fact supply of emergency med ☐ Replace medication prior date	dication. to the expiration
Sign safety	HICKORIDADE AND	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served	to the expiration by the child care
Sign safety and a	HICKORIDADE AND	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Operation to	HICKORIDADE AND	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served	sication. to the expiration by the child care s or arrangements
Supervisor	HICKORIDADE AND	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Sign series of the series of t	TOTALOROTATION TO THE STATE OF	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Sign later of the second terms of the second t	Poli of the bise safety release cap. Sense and family peak the coange tip opposit	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Spe lefters of case case	TOTALOROTATION TO THE STATE OF	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Sign series of the series of t	Poli of the bise safety release cap. Sensy and family peak the orange to opposit the order thigh so it valent. How on the drop. Proposition to define the drop.	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Supersition of the second seco	Secure and family price the paraget to oppose the content of the base that the base to define the drug. Phospholist for fact, and the base to define the drug. Phospholist for fact, and position or present of the content of the base to define the drug. Phospholist for fact, and position or present of the first, the picture of the content of the co	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Spe Mey of the Mount of the Mou	Poli of the bise safety release cap. Senag and family push the occape to expent the operation of the bise safety release cap. Personal family push the occape to expent the operation of the outer things so it vicinity. He does things so it vicinity is on a personal safety to committee to define the drop. Personal to be senaged to committee the operation of th	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Sipe Mess co	Poli of the bise safety release cap. Senage and family push the beauty to depose the depose to depose the depose things so it thinks to deep to depose the approximately 10 seconds to delibit the drug. Photomorby to sen	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	to the expiration by the child care s or arrangements
NOID fee	Post of the bise ratery release cap. Senant and firstly push the orange to expent. Seconds thigh so it Circle HORD on their bis approximately 10 senantic to deline the drug. Personates he son any parameter present contribution of their bise charactery of the son	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
ope with the second sec	Post of the bise ratery release cap. Senant and firstly push the orange to expent. Seconds thigh so it Circle HORD on their bis approximately 10 senantic to deline the drug. Personates he son any parameter present contribution of their bise charactery of the son	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
ope with the same of the same	Post of the bise ratery release cap. Senant and firstly push the orange to expent. Seconds thigh so it Circle HORD on their bis approximately 10 senantic to deline the drug. Personates he son any parameter present contribution of their bise charactery of the son	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
NOID for 100 sectors	Poli of the bise safety release cap. Seng and family push the design to opposit the operation of the order thinks to it there is not to be safety for the order to obtain the drap. Passonate for some of the track. If CAD on the drap for appropriate the sout of your sense or entire to the order to sense for the fact, the precision will extend to define the drap. Passonate for the passon of your sense of the drap for the passon of the sense of	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
NOID for 100 sectors	Poli of the bise safety release cap. Seng and family push the design to opposit the operation of the order things so it to feet. If CAD on things for appropriate side of the order things so it to feet. If CAD on things for appropriate side you consider to define the drug. Photoposite for some of your sense or present for the feet, the protective side of order in the feet, the protective side of order and order or the feet, the protective side of order or the feet of t	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
opposite state of the state of	Poli of the bise safety release cap. Seng and family push the design to opposit the operation of the order thinks to it there is not to be safety for the order to obtain the drap. Passonate for some of the track. If CAD on the drap for appropriate the sout of your sense or entire to the order to sense for the fact, the precision will extend to define the drap. Passonate for the passon of your sense of the drap for the passon of the sense of	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
NOID for 100 sectors	Poli of the bise safety release cap. Seng and family push the design to opposit the operation of the order things so it to feet. If CAD on things for appropriate side of the order things so it to feet. If CAD on things for appropriate side you consider to define the drug. Photoposite for some of your sense or present for the feet, the protective side of order in the feet, the protective side of order and order or the feet, the protective side of order or the feet of t	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
NOID for 100 sectors	Poli of the bise safety release cap. Seng and family push the design to opposit the operation of the order things so it to feet. If CAD on things for appropriate side of the order things so it to feet. If CAD on things for appropriate side you consider to define the drug. Photoposite for some of your sense or present for the feet, the protective side of order in the feet, the protective side of order and order or the feet, the protective side of order or the feet of t	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements
Call Off	Poli of the bise safety release cap. Seng and family push the design to opposit the operation of the order things so it to feet. If CAD on things for appropriate side of the order things so it to feet. If CAD on things for appropriate side you consider to define the drug. Photoposite for some of your sense or present for the feet, the protective side of order in the feet, the protective side of order and order or the feet, the protective side of order or the feet of t	☐ Ensure the child care fact supply of emergency med Replace medication prior date Monitor any foods served facility, make substitution	sication. to the expiration by the child care s or arrangements

All Students If applicable

Maryland State Child Care/Nursery School Asthma Medication Administration Autho ASTHMA ACTION PLAN for//_to	rization Fo	Drm EDU(not be exceed 12 months)	CATION	Triggers (list)
Student's DOB:	PEAK FLOW PERSONAL BEST	L BEST:		
ASTHMA SEVERITY: Exercise induced Internittent	nt 🛘 Mild Persistent 🗘 Moderate Persistent	Persistent 🗆 Severe Persistent	ersistent	
3	Medication	Dose I	Route	Frequency
N C No cough or wheeze				
10				
Other: (80% personal best)				
	(Rescue Medication))n}		
Prior to exercise/sports/ physical education	If using more than twice per week for exercise, notify the health care provider and parent/guardian.	xercise, notify the health ca	re provider and pa	erent/guerdien.
yeltow zone: quick helief Medications — to be added to Green zone medications for symptoms	<u>eadded to Green zone medications</u>	for symptoms		
	Medication		Route	Frequency
☐ Tight chest or shortness of breath Cough at night				

(50%-79% personal best)	If symptoms do not improve in minutes, notify the health care if using more than twice per week, notify the health care provider and	minutes, notify the health care ify the health care provider and	are provider and pare and parent/guardian.	provider and parent/guardian. parent/guardian.
YM				
O Medication is not helping within 15-20 mins D I Breathing is hard and fast	Medication	Dose	House	riequelty
םכ				
Crouble walking or talking			The state of the s	
Peak flow less than(50% personal best)	Contact the parent/guardian after calling 911	lling 911.		
Health Care Provider and Parent Authorization Health Care Provider and Parent Authorization i authorize the child care provider to administer the above medications as indicated. By signing below, I authorize to self-carry/self-administer medications and authorize the child to self-carry/self-administer the medications indicated during any child care and before/after school programs. Student may self-carry medications:	Health Care Provider and Parent Authorization medications as indicated. By signing below, I authorize during any child care and before/after school program	Authorization low, I authorize to self-carr cschool programs. Studen	y/self-administer it may self-carry n	medication and authorize the
(School-age children) 🗆 Yes 🗆 No				•
Prescriber signature:	Date: Parent / Guardian Signature:	ian Signature:		Date:
Reviewed by Child Care Provider: Name:	Signature:	e :		Date:
3/20/2016				